



2019 Lunch

# January

Middle School

Twin Valley Community Local Schools

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>7</b> Pulled Pork Sandwich Or Chicken Nuggets Pretzel Rod Golden Corn	<b>8</b> Breaded Chicken Drumstick Or Cheeseburger Green Peas	<b>9</b> Pizza Sticks with Marinara Sauce Or Hot Dog Baked Beans	<b>10</b> Soft Beef Tacos Or Chicken Patty Refried Beans	<b>11</b> Cheese or Pepperoni Pizza Or Spicy Chicken Patty Garden Salad	<p><b>Special News...</b></p> <p><b>More Info...</b></p> <p>What is a Reimbursable Lunch? Must choose 3 Components with one being ½ cup fruit or vegetable.</p> <ol style="list-style-type: none"> <li>1. Whole Grain</li> <li>2. Fruit</li> <li>3. Vegetable</li> <li>4. Meat/Meat Alternate</li> <li>5. Milk-1%, Skim</li> </ol> <p>All Lunch Entrees Are Whole Grain All Lunch meals meet the National School Lunch Program</p> <p>Fresh or Canned Fruit Offered Daily White &amp; Chocolate Milk Offered Daily</p> <p>Full Paid Student: \$2.85 Reduced Student: \$0.40 Adult meals: \$3.40</p> <p><small>Menus are subject to change without notice.</small></p>
<b>14</b> Mini Corn Dogs Or Chicken Nuggets Pretzel Rod Green Peas	<b>15</b> Popcorn Chicken Bowl Pretzel Rod Or Cheeseburger Green Beans	<b>16</b> <b>Backyard Burger</b> Or Hot dog Baked Beans	<b>17</b> Soft Beef Tacos Or Chicken Patty Sliced Carrots	<b>18</b> Cheese or Pepperoni Pizza Or Spicy Chicken Patty Garden Salad	
<b>21</b> <b>MLK Day</b> <b>No School</b>	<b>22</b> Grilled Cheese with Tomato Soup Or Cheeseburger Golden Corn	<b>23</b> French toast Sticks Sausage Patty Or Hot Dog Hash brown Patty	<b>24</b> Nacho cheese Walking Taco Or Chicken Patty BBQ Black Beans	<b>25</b> Cheese or Pepperoni Pizza Or Spicy Chicken Patty Garden Salad	
<b>28</b> <b>Teacher's PD</b> <b>No School</b>	<b>29</b> Macaroni and Cheese Or Cheeseburger French Fries	<b>30</b> Country Chicken Nugget Bowl Or Hot Dog Baked Beans	<b>31</b> Bean/Beef Burrito Or Chicken Patty Green Beans		
		<i>PB&amp;J, Chef Salads, Caesar Salads, Baby Carrots, Grape Tomatoes, and Celery Sticks are <b>offered daily!!</b></i>			